



**2014 FISA WORLD ROWING COACHES CONFERENCE
2014 WORLD ROWING YOUTH COACHES CONFERENCE
RIO DE JANEIRO, BRAZIL**

**PROGRAM
6-9 NOVEMBER 2014**

Thursday 6 November

Arrivals

19:00	Welcome Drinks
19:30	Dinner

Friday 7 November

08:45	Introduction
09:00	Coach in the Spotlight – Gary Hay (Coach of Emma Twigg, the W2- and LW2x of NZL) will talk about the New Zealand system and his programs
10:45	Coffee break
11:15	“What makes a successful coach of women – the myth and the reality”. Panel discussion - Josy Verdonkschot (NED), Christine Gossé (FRA), Premysl Panuska (CZE), Gianni Postiglione (GRE/LTU), Morten Espersen (IRL), Gary Hay (NZL)
13:00	Lunch
14:30	Coaching Para Rowers – Guilherme Soares (BRA) Para Rowing Classification – Roberto Nahon (BRA) – FISA Para Rowing Commission
15.30	Coffee break
16:00	Downloading and analysing GPS Data from the FISA Website How to download the data – audio visual message from Jillian O’Meara (FISA) Analysing the data - Henk-Jan Zwolle (NED) - FISA Competitive Rowing Commission; Rosie Mayglothling (GBR) – FISA Competitive Rowing Commission
17:00	Close
19:30	Dinner



Saturday 8 November

- 08:45 Talent Development in Sport – Joseph Baker (CAN);
Practical Application of Talent ID and Development in rowing – Chuck McDiarmid (CAN)
- 10:30 Coffee break
- 11:00 Out of the boat training
Panel discussion - Mike Spracklen (RUS), Trent Lawton (NZL), TBA (USA)
- 13:00 Lunch
- 14:30 Tapering in endurance sports - TBA (NED)
- 15:30 Coffee break
- 15:45 FISA Discussion and Update on Rio – Jean-Christophe Rolland (FISA), Matt Smith (FISA), Colleen Orsmond (Rio OC).
- 16:30 Break out into groups for discussion of FISA Matters
- 17:15 Report back from groups on FISA Matters
- 19:00 Gala Dinner and FISA Awards

Sunday 9 November

Inspection of Olympic Regatta Venue and Olympic Village
Departures